# Patient-Specific CFD Simulations of Vasospasm in 3 Different Cases

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# We have done simulations using data from 3 subjects suffering from vasospasm



Introducing vasospasm and our cases



Our method



Results and conclusions





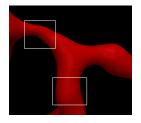
# Vasospasm is a serious and common complication of cerebral aneurysm rutpure

- Causes constriction in surrounding arteries
- Onset usually 3-14 days after rupture
- A common cause of poor outcome of subarachnoid hemorrhage

Temporary, dramatic change in the blood vessels!



Normal state



Vasospasm





## Treatment methods are available, but may be dramatic in themselves

Blood supply to the brain is vital: Doctors try to maintain cerebral perfusion!





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Blood supply to the brain is vital: Doctors try to maintain cerebral perfusion!

This can be done by several methods:

- Calcium antagonists
- Hemodilution (blood thinners)
- Hypervolemia (increase blood volume)
- Hypertensive drugs





### Vasospasm has a highly complex pathophysiology

It is to a large degree unknown why vasospasms occur.

#### Possible factors include:

- Elevated endothelin 1 levels
- Decreased production of nitric oxide
- ► Changes in the electrical properties of smooth mucle cells
- Elevated CSF pressure
- and so on...





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- and so on...

#### Therefore:

A very long way to use CFD as *the* tool for explaining vasospasm, but what about the hemodynamic effects of vasospasm?





# Vasospasm as well as the treatment can cause great variations in the hemodynamics

"Idealized" situation: Straight vessel, vessel diameter constriction of 50% and no reduction in flow rate.



$$V \propto \frac{1}{r^2}$$

Peak velocity increase by a factor 4

$$au \propto rac{1}{r^3}$$

WSS increase by a factor 8

$$\frac{dp}{dx} \propto \frac{1}{r^2}$$

Pressure drop increase by a factor 16



# Major hemodynamic change during vasospasm - related to aneurysm development?

Hemodynamics is believed to can

- identify ruptured from unruptured aneurysms.
- predict growing aneurysms.
- alter arteries in days.

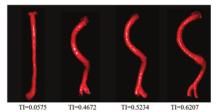


Figure from: Hoi et al., 2008

Vasospasm can cause dramatic changes in hemodynamics!









Rupture of right ICA sidewall aneurysm.

Α

- Moderate vasospasm from day 3
- 3x velocity increase
- Significant aneurysm growth







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Rupture and surgery of large right ICA aneurysm

В

- ► Severe vasospasm in *left* part of CoW
- Unruptured aneurysms at left ICA and MCA
- Growth of MCA aneurysm, not of ICA aneurysm









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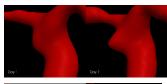
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- ► Severe vasospasm in *left* part of CoW
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Rupture of ACA (A2) sidewall aneurysm

C

- CT images indicate growth
- ... but data disregarded because of high uncertainty











### This motivates the question:





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Can hemodynamics be used to help explain aneurysm development during vasospasm?





# The Navier-Stokes equations are solved by a pressure correction scheme implemented in FEniCS

- Incremental pressure correction scheme
- Semi-implicit convection handling
- Crank-Nicholson timestepping

$$\rho \left( \frac{\partial \mathbf{u}}{\partial t} + \mathbf{u} \cdot \nabla \mathbf{u} \right) = -\nabla p + \mu \nabla^2 \mathbf{u} + \mathbf{f}$$
$$\nabla \cdot \mathbf{u} = 0$$



#### Scheme:

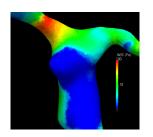
- Solve tentative velocity using pressure from previous timestep
- Solve Poisson equation to correct pressure
- 3. Use pressure correction to update velocity





## We calculate common hemodynamic parameters on medium-sized meshes

- Piecewise linears
- ▶ 10000-20000 timesteps
- Approx. 2,000,000 tetrahedral cells
- ► Two boundary layers





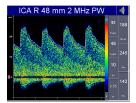
#### Hemodynamic parameters

- 1. Time-averaged WSS
- 2. Pressure drop
- 3. Oscillatory shear index (OSI)





# Inflow boundary conditions set to fit Doppler measurements

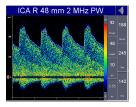


Pouiseille profiles at inlets to match Doppler velocities





# Inflow boundary conditions set to fit Doppler measurements



Pouiseille profiles at inlets to match Doppler velocities

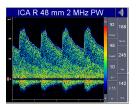
$$\rho = C \frac{Q}{A^{3/2}}$$

Outlet BC for similar shear at outlets





# Inflow boundary conditions set to fit Doppler measurements



Pouiseille profiles at inlets to match Doppler velocities

$$\rho = C \frac{Q}{A^{3/2}}$$

Outlet BC for similar shear at outlets

$$\mathbf{u} = \mathbf{0}$$

No-slip condition at walls





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Velocity







WSS







OSI



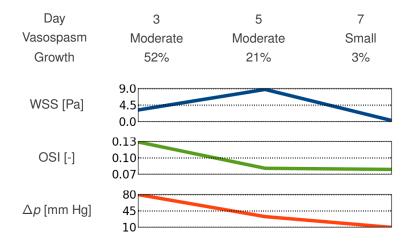




Day 3

Day 5

Day 7





### Case B (MCA)





Case B (MCA) Velocity WSS OSI

Day 10

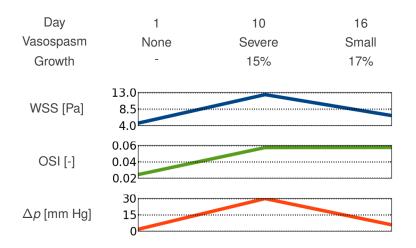
Day 1





Day 16

### Case B (MCA)







### Case B (ICA)





### Case B (ICA)

Velocity







WSS







OSI





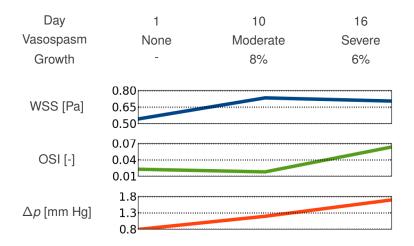


Day 1

Day 10

Day 16

### Case B (ICA)







### Limitations

Several obvious limitations to this study

- Only two patients studied
- Uncertainties related to Doppler measurements, segmentation of narrow arterial segments and flow diversion
- ► Incomplete data sets

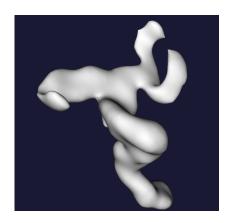




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### Positives and conclusions

#### Some points of interest:

- ► Hemodynamic indicators vary tremendously during vasospasm
- ▶ Difficult to correlate hemodynamics with aneurysm development
- A slight tendency of high OSI when growth is observed

#### CFD on vasospasm could

- improve understanding of short term effects of hemodynamic changes
- help clinicians make treatment decisions





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Thank you.



